

The Westie

WRC - The friendly running club

MEMBERS E-BULLETIN

NUMBER 49 – 31 DECEMBER 2021

All Things Westbourne: The England Athletics(EA) affiliation fee locks us in to an annual renewal date, rather than being able to offer a rolling annual membership. However, we are now entering the golden period where new members can get up to fifteen months WRC membership and EA affiliation for their first annual subscription. The downside to this is that I will look shift and uncomfortable talking to any member that joined in Q4/2021, but the upside is that if you know of anyone who is dithering over joining a running club, now is the ideal time to take the plunge.

On the same broad theme, Judith has suggest we incorporate a shorter run into the Wednesday/Thursday Flat Run on the Prom sessions, So, if you know of someone looking to take up running in the new Year, or anyone who is returning from injury, point them towards, Judith, Vicky or myself.

The Annual General Meeting: The formal notice of the AGM (7pm on 18 January – All Hail Ale, Queens Road, Westbourne) has been emailed to all first and second claim members. It is, we hope, largely self explanatory, but if not do please ask.

We have already received one proposal from the kit sub-committee, full details to follow, but broadly proposing making the exiting kit rule less prescriptive. It is also likely the committee will make a proposal suggesting that we introduce an EA non-affiliated category of membership. Additionally do please think about any proposals you wish to make, this is your club as much as anyone else's, so do have your say. It is all explained in the formal notice, but proposals need to be with Clive by 4th January. You can find the existing policies here:

https://www.westbournerc.co.uk/club-policies?fbclid=IwAR26o5iISxkeN-cz39anmv9iKKRYzRjRCN_7ufEqbdJaAlUtoYmwJkYg_Qw

The Kit Committee Sub Committee's Survey: Just a gentle reminder that if you haven't done so already, do please complete the survey by New Year's Day (i.e tomorrow!). You can find the link to this on your emails or on the WRC website at:

<https://www.westbournerc.co.uk/important-notice>

The Limerick Competition: Another gentle reminder and another imminent deadline, this time from Liz; "Hope you all had a wonderful Christmas. Don't forget to get your poetic skills going. (See Clive's email 22nd Dec - Complete the limerick below - at the committee's expense - but please nothing rude!

➤ There once was a Westie called <Clive; Judith/Jude; Liz; Pete(r); Vicky/Vic(s)>

Send your rhymes by 1st Jan to liz-wrc@outlook.com and the committee will choose our favourites to share."

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The 2022 Championship: Hands up, the observant will have spotted that we were two short with the list we announced at the Christmas Do, so with apologies here is the full list:

16 Jan 2022 Swanage 10k
13 Feb 2022 Lytchett 10m
6 Mar 2022 Weymouth Bay 10k
3 Apr 2022 Marnhull 12k
Late April Fordingbridge Fire Station 10K
22 May 2022 May 5m
28 May 2022 Egdon Easy 10k (7pm)
11 Jun 2022 Poole 5k
17 Jun 2022 Purbeck 10k (eve)
late June? Lordshill 10k
24 Jul 2022 Durberville Dash 10k
7 Aug 2022 Sturminster Newton HM
25 Sep 2022 Hoburne 5 (incorporating the WRC Memorial Trophy)
9 Oct 2022 Gold Hill 10k
20 Nov 2022 Wimborne 10m

The 2022 Off Road Series: Now that we have the races for the main Championship we can turn our attention to more exciting matters, so watch this space as we will shortly announce the eight races that will make up the five from eight 2022 Off Road Series. However, as the Tyrrell Trail 10K is in February (the 26th to be precise), we felt it would be helpful if we confirmed at this stage that this race will definitely be included in the series.

2022 Race Calendar: Liz has compiled a comprehensive race calendar which can be found on the WRC website:

<https://www.westbournerc.co.uk/local-race-calendar>

In the light of such a comprehensive listing, I will hold off issuing one of my paper race diaries unless there is a clamour to have a paper listing.

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UP AND COMING (See emails and Facebook for updates)

NEXT WRC CHAMPS RACES	NEXT ORS RACES	NEXT DRRL RACES	TRAINING AND SOCIAL RUNS	SOCIAL ETC
16/01/22 Swanage 10K 13/02/22 Lytchett 10	26/02/22 Hope Rising 10K	01/01/22 Broadstone QM 06/02/22 Blackmore Vale HM 13/02/22 Lytchett 10	<u>Training and and Social Runs</u> Hills – 05/01/22 and then every other Wednesday at 7pm at Bournemouth Pier Looping back run – alternate Weds/Thurs at 7pm by the Durley Inn Monthly Monday Run – 24/01/22 Route TBA Social Sundays - non race weekends only – 9.30am starting from Tuckton Tea Rooms	18/01/22 AGM All Hail Ale 22/01/22 parkrun social Bournemouth